## Do you Juice?

## How to use the leftover pulp.

## Ingredients

1 cup of vegetable pulp
1 cup parmesan cheese
1 large Free Range Egg
Salt, Pepper and mixed herbs to season
1 – 2 teaspoons of Olive Oil

To line the tin: Camote (sweet potato tops)

## Method.

- 1. Sprinkle the oil over a Lamington tin.
- 2. Line the tin with camote tops.
- 3. Mix the rest of the ingredients together and spread evening over the camote tops.
- 4. Bake in a moderate oven for 30 40 mins.